



BZCITYTRAIL	23 km – 1.100 m in altitude
BZCITYRUN	13 km – 400 m in altitude
BZCITYSTARTER	10 km – 60 m in altitude

RULES

16th OCTOBER 2022

Start and Finish:

Piazza Walther – Bolzano

Solo race - competitive race

Start

10:00 AM: BZCitytrail

10:05 AM: BZCityrun

10.10 AM: BZCitystarter

Registration

Exclusively online by www.enternow.it from May 21th until October 13th 2022

late registrations are permitted on October 15th an 16th.

Collectiv registration possible.

Data recording takes place through Timing Data Service (TDS) and the organizing body.

Registration fee

BZCityTrail: € 35,00

BZCityRun: € 25,00

BZCityStarter: € 10,00

Late registrations: surcharge € 5,00

For safety reasons or due to force majeure (Covid-19 resurgence, floods, storms, etc.), the organization reserves the right not to start the race. The registration fee will not be refunded for any reason, short of a new Covid-19 outbreak.

Bibs/Runners kit

The personal bibs will be delivered on Saturday, 15th October 2022 from 14.30 am to 6.00 pm, in the Flagstore Sportler, Piazza Municipio 1 and on Sunday, 16th October 2022 from 07.30 am to 09.00 am at the head-quarter of the Bolzano Tourist Board, Via Alto Adige 60.

The race pack is delivered together with the bib.

Refreshment point

Refreshment with still water and tea will be served along the route and in the arrival area.

Upon crossing the finish line will also be handed over the medal.

Maximum time

BZCityTrail: 4 hours

BZCityRun: 3,30 hours

BZCityStarter: 2 hours
from the start

Timekeeping

For each athlete, the official time (from the start to the finish line) and the net real time will be recorded (from the moment the start line is crossed to the finish line).

Toilets

The toilets are located at the “Rainerum” Institute in Bolzano, Piazza Domenicani 15, and at the starting area in Piazza Walther (public toilets).

Requisites for participation - valid for all competitions

Italian athletes who:

- ✓ are members of FIDAL, regularly registered for the year 2022 and are at least 18 years old (on 16 October 2022)

OR

- ✓ have the RUNCARD or Mountain and Trail Runcard and are at least 20 years old (on 16 October 2022); for more information see:

www.runcard.com

Obligatory documentation:

copy of the FIDAL RUNCARD or Mountain and Trail Runcard and medical certificate for athletics valid until 16 October 2022

OR

- ✓ are registered for a Sports Promotion Body (Athletics Section) and are at least 20 years old (on 16 October 2022).

The following associations belong to the Sports Promotion bodies (Athletics Section): ACSI, AICS, ASI, CNS Libertas, CSAIN, CSEN, CSI, ENDAS, MSP Italia, UISP, US ACLI, PGS. ASC, CUSI, OPES.

Obligatory documentation:

copy of the FIDAL RUNCARD and medical certificate for athletics valid until 16 October 2022.

All foreign participants who

- ✓ are registered with the Athletics Federation of their country of residence and recognized by the WA and are at least 18 years old (as of 16 October 2022).

The membership must be certified by means of a self-certification form and delivered when the athletes collect their bib.

OR

- ✓ are not members of an WA in their country of residence, and are at least 20 years old (on the date of 16 October 2022)

Mandatory documentation:

certificate of fitness for sporting activity for athletics issued in one's country of residence in compliance with the health regulations valid for competitive activity in Italy and containing:

- medical examination
- urine test results
- electrocardiogram at rest and under stress and
- spirometry

and Runcard.

Showers and changing rooms

At the “Rainerum” Institute in Bolzano, Piazza Domenicani 15, showers and changing rooms will be available on October 16, 2022, from 7.00 am to 2.30 pm.

Clothes / bags storage

Athletes may store their bags and cloths at the “Rainerum” Institute in Bolzano, Piazza Domenicani 15.

The sticker corresponding to your bib number must be applied on the bag / backpack and will be delivered with the race pack.

No-show/ withdrawal-change of registration

In case of non-participation in the race and/or withdrawal from the race, the registration fee is not refundable in any case.

Registration change is permitted.

Route and checkpoints

Each athlete is required to follow the designed and traced route. Any deviation results in immediate disqualification. Various check-points will be set up, which must be passed through, under penalty of disqualification.

The rules of conduct must be followed precisely, as well as the provisions of the organizer, volunteers and the police.

Road rules must be respected on the entire race route.

Categories and rankings

There are the following female and male age groups:

- born in 1952 and before,
- born in 1953-57,
- born in 1958-62,
- born in 1963-67,
- born in 1968-72,
- born in 1973-77,
- born in 1978-82,
- born in 1983-87,
- born in 1988-92 and

born in 1993-2004.

Also an individual general ranking will be drawn up.

If there are not at least 5 participants in a category, the categories will be merged.

Juniors fall into the next higher category, all others into the next younger category.

Price giving ceremony

Piazza Walther 2:00 pm.

There will be prizes for the first five ladies and gentlemen of the overall classification and the first three places in each category.

Participants who are among the top five winners in the overall classification will no longer be awarded in the respective category.

Participants will be informed via text messages and online about their results in the individual and category ranking, divided between men's and women's.

Safety and medical care

There are checkpoints along the route which are in direct contact with the Race Office. The staff is in charge of providing medical care to participants who may need it. The staff of the checkpoints and those of the assistance services are authorized to exclude the athletes from the race in case of ascertained inability to continue it. Athletes accept this rule as an integral and important part of this regulation.

Complaints

Only written complaints will be accepted, accompanied by a deposit of € 100.00 and presented within 15 minutes from the athlete's arrival at the Race Office. The complaint will be examined by the Race Office and in case of acceptance the relevant deposit will be returned.

Insurance and disclaimer

The organizing committee is covered by a civil liability insurance for the entire period of the race.

By registering and participating, each athlete expressly agrees that the organization does not assume any liability as a result of injuries, damages, accidents of any kind to athletes and third parties involved before, during and after the race. By booking / registering, participants expressly declare that they will not make any claims against organizers, race sponsors or local communities, for damages and injuries of any kind that may arise from participation in the event.

The athlete expressly declares and under her/his own responsibility that the information provided is true and correct (Article 2 of Law no. 115 of 4 January 1968, modified by Article 3, paragraph 10 of Law no. 127 of 15 May 1997).

Image copyright

The participant expressly authorizes the organizers to use the images for the promotion of the event on all types of national and international media and on advertising material.



Privacy policy

When registering, the participant accepts the transmission of her/his personal data to third parties for the purpose of data processing pursuant to the law on the protection of personal data EU Regulation 2016/679.

For anything not contemplated in these regulations, the rules of the Race Judges Group, the FIDAL technical regulations, the provisions of the WA and the laws in force apply.

Should the Covid-19 pandemic break out again the organizing committee reserves the right to adapt the present regulations to the legal requirement.

May 20, 2022